



New Member Form

(Information you would like to share with the Club members)
(use your tab key to move through the form)

Name: _____ Date: _____
Address: Street _____
City _____ State _____ Zip _____
E-mail Address _____
(will include you in Club E-mails)

Phone #s: Home _____ Work _____ Cell _____

By way of introduction, tell us about your running. Be a story teller; give us all the gory details. We use this section to introduce you to the Club. (Use all the room you want page expands to accommodate)

Why/ When did you start running?

Tell about your successes (PR's, Goals met, favorite race or run, etc.)

What are your running goals?

In joining the Greater Salt Lake Locomotion Running Club (hereinafter, "the Club"), I recognize that the activities I will be participating in involve risks, which cannot be entirely avoided.

These risks include, but are not limited to:

1. The nature and condition of the various types of terrain (including paths, trails, roadways, and other undeveloped surfaces), which Club members will be using;
2. Changing weather conditions, rain, hail, snow, sleet, dark of night, resulting in slippery surfaces and poor visibility;
3. The existence of other users of the terrain, possibly including persons driving motor vehicles;
4. The pre-existing state of health of the participating members;
5. Other possible risk types too numerous to detail, including, for example, animals (both wild and domesticated), natural disasters, acts of terrorism, and marauding children.

Therefore, in consideration for being allowed to join the Club and participate in its activities, I hereby waive, for myself and on behalf of my heirs, successors, and assigns, any claim for negligence, against the Club or any of its members, which may arise from my participation in the Club's activities.

Signature

(E-mail this form to Kris Lander, Membership Director at runloco@runloco.com)