



NEW MEMBER FORM & LIABILITY WAIVER

Name: _____

Address: _____

City, State & Zip: _____

Email address: (will add you to our Loco email group) _____

Phone: Home: _____ Work: _____ Cell: _____

By way of introduction, tell us about your running. (We want to get to know you so use at least ½ page type written, use the back of this form, another page or email us at runloco@runloco.com. We use this info as an introduction to the entire Club)

1. What events led you to start running and when did this happen?
2. Tell us about your best moments as a runner. (Most significant accomplishment, PR's, Goals met, favorite race or run, significant happenings/epiphanies during a run, etc.)
3. What are your running goals? (We want to help you get there)

In joining the Greater Salt Lake LocoMotion Running Club (the "Club"), I understand that the activities I will be participating in may involve foreseeable and unforeseeable risks to me, including damage to property, injury, illness or death. These risks include, but are not limited to: varying and uneven terrain; changing weather conditions; icy surfaces; cars and bicycles; poor visibility and other risks.

I understand and acknowledge that the Club is not an insurer of my activities and that the Club assumes no liability whatsoever for personal injuries or damages I may incur arising out of my participation in any Club activities. In consideration for being allowed to join the Club and participate in Club activities, I hereby release, waive, indemnify and hold harmless the Club, its officers, employees, directors, and volunteers from any and all liability, claims and causes of action relating to my participation in any Club activities, except those liabilities, claims or causes of action caused by the sole negligence of the Club.

I also represent that I do not have any medical conditions that would prevent or limit my participation and have adequate health insurance to cover any treatment in the event of injury.

I agree to pay any attorney fees incurred by the Club in enforcing this agreement.

Signature: _____ Date: _____

(All information submitted on this form will be kept within the Club and not shared outside those confines)